

Self-Respect in Islamic Perspective: Religious Coping Strategy for Sexual Harassment Victims

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Abstract

This study aims to examine Islamic self-respect as a coping strategy for victims of sexual harassment. This study uses a qualitative method with a literature study and content analysis design, sourced from international journal articles and relevant authoritative Islamic literature. The data were analyzed using Atlas.ti software through the stages of open coding, axial coding, and selective coding to find the main themes. The results of the study show nine important interconnected findings. Sexual harassment has a direct impact on the decline in victims' self respect, which is characterized by self-criticism, shame, social stigma, and isolation. In dealing with these conditions, victims rely on religious coping mechanisms such as prayer, remembrance of God, patience, trust in God, recitation of the Quran, repentance, and support from religious figures and communities. These religious practices then develop into the internalization of Islamic values such as izzah, patience, tawakkul, and gratitude, which form Islamic self-esteem as the victim's new

Keywords: Islamic self respect, religious coping, self esteem, sexual harassment, trauma recovery, victim

Introduction

Sexual harassment is seen as a form of gender-based violence gender based. Its existence keeps causing problems. Serious problems are present in contemporary public society, presenting various multidimensional issues that require serious attention. This phenomenon not only leaves physical wounds on the victim but also causes complex