

## RELIGIOSITY AND QUR'ANIC VALUES IN ISLAMIC COUNSELING: THEORETICAL INSIGHTS ON FAMILY RESILIENCE IN CONTEMPORARY MUSLIM SOCIETY

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**Abstrak:** This article aims to reframe religiosity and Qur'anic values in Islamic counseling as a conceptual framework to strengthen the resilience of contemporary Muslim families. This study uses a conceptual approach by examining Glock & Stark's theory of religiosity, Pargament's model of religious coping, and maqāṣid al-sharī'ah as an ethical foundation. The literature review focuses on the context of Southeast Asia, particularly Indonesia, with sources from international journals, proceedings, and relevant national research. The results of the analysis show that religiosity, with its dimensions of faith, worship, spiritual experience, knowledge, and moral consequences, plays an important role in strengthening family communication and harmony. Positive religious coping, such as prayer, tawakkul (trust in God), and community involvement, functions as an adaptive mechanism that supports family resilience in facing social and cultural crises. Qur'anic values such as sakinah, mawaddah, and rahmah have been proven to strengthen family relationships, while maqāṣid al-sharī'ah provides an ethical framework for counseling interventions. In conclusion, the integration of religiosity and Qur'anic values in Islamic counseling can be an effective conceptual solution for building resilient Muslim families amid the challenges of the contemporary era.

**Kata Kunci:** religiosity; Qur'an; Islamic counseling; family resilience; Muslim society

## INTRODUCTION

The phenomenon of social and technological disruption has changed the structure and dynamics of contemporary Muslim families. Digital transformation has influenced communication patterns, parenting styles, and the morality of the younger generation. Gharaibeh and Islam (2024) show that globalization and social media have shifted the collective values of Muslim families towards individualism. Essig et al. (2018) found that religious practices are the main glue that holds relationships together in Muslim families in the diaspora, emphasizing the challenge of maintaining the integrity of values amid the tide of change. Research in Indonesia also indicates that religious-based parenting contributes significantly to family resilience (Abubakar et al., 2023). Thus, the main issue for Muslim families is not merely economic, but rather the sustainability of religious values in maintaining family resilience.